Spirituality in DT

How are we promoting Spirituality in Design and Technology?

Design **Creativity** **Imagination** **Encouragement** **Joy** **Appreciation** **Teamwork** **Reflection** **Inspiration** **Empathy** **Innovation**	Spirituality can be discovered through Design and Technology as children engage in hands-on, creative projects that foster a meaningful connection between their inner selves and the tangible world. DT offers children a platform to create artefacts that reflect their personal beliefs, values, and experiences. Through the process of designing and making, children are able to express their spirituality and explore connections with nature, with others, and with their own emotions. DT can also become a space for children to contemplate deeper existential questions - such as What is the meaning of my life? What is my purpose on Earth? What is the true nature of reality? These inquiries can emerge naturally as children reflect on the significance of what they are creating and its potential impact on the world around them. DT promotes spiritual growth by encouraging empathy, ethical thinking, and environmental awareness. Children are invited to consider the impact of their creations - such as the use of local or seasonal materials, and Fairtrade products—and to reflect on how design can serve the greater good. Collaborative work also supports the development of compassion and a sense of purpose, as children seek to answer questions like How can I connect with something greater than myself? Moreover, the creative process in DT can offer contemplative and meditative experiences, allowing children to immerse themselves in imagination and introspection as they shape their ideas into meaningful realities.