The Federation of Snape Community and Thornton Watlass CE Primary Schools
Personal, Social, Emotional Development - Skills Progression

Personal, Social, Emotional Development – Self - Regulation			
Nursery	**Reception Autumn Term**	**Reception Spring Term**	**Reception Summer Term**
• Begin to develop appropriate ways of being assertive. • Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Begin to understand how others might be feeling.	• Express their feelings and consider the feelings of others. Develop appropriate ways to be assertive. • Talk with others to solve conflicts.	• Identify and moderate their own feelings socially and emotionally. • Think about the perspectives of others.	• Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. • Give focused attention to what the teacher says, responding appropriately even when engaged in activity and show an ability to follow instructions involving several ideas or actions.

Personal, Social, Emotional Development – Managing Self			
Nursery	**Reception Autumn Term**	**Reception Spring Term**	**Reception Summer Term**
• Play with one or more other children, extending and elaborating play ideas. Find solutions to conflicts and rivalries. • Begin to remember and follow rules with some understanding. • Be increasingly independent in meeting their own care needs	• Remember rules without needing an adult to remind them, understanding why they are important. • Show resilience and perseverance in the face of challenge. • Be increasingly independent in meeting their own care needs	• Manage their own needs. • Be independent in meeting their own care needs.	• Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the • importance of healthy food choices.

Personal, Social, Emotional Development – Building Relationships			
Nursery	**Reception Autumn Term**	**Reception Spring Term**	**Reception Summer Term**
• Develop their sense of responsibility and membership of a community. • Become more outgoing with unfamiliar people, in the safe context of their setting. • Show more confidence in new social situations.	• Build constructive and respectful relationships.	• See themselves as a valuable individual. Express their feelings and consider the feelings of others.	• Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs.