Spirituality in EYFS

How are we promoting Spirituality in EYFS?

Curiosity Creativity Wonder Challenge Imagination Exploration Emotion Awe	Spirituality in the Early Years is nurtured through a warm, responsive, and exploratory approach that honours the natural curiosity, wonder and imagination of young learners. In the EYFS, children begin to develop a sense of self and their place in the world through activities such as play, imaginative role-play, storytelling, and creative expression. These experiences provide opportunities for children to form meaningful connections—with themselves, with others, and with the world around them. Through positive relationships, open-ended exploration, and moments of awe and reflection, children are encouraged to engage with fundamental ideas of kindness, empathy, belonging, and appreciation for the beauty of nature. These encounters gently introduce them to spiritual dimensions of life, including an emerging awareness of values, emotions, and even fundamental existential questions about the meaning of life, our place in the universe, and our connection to something greater than ourselves—expressed in ways appropriate to their age and understanding. The emphasis on holistic development in EYFS recognises that emotional, social, and spiritual well-being are deeply interconnected. By fostering a safe and inspiring environment, we lay the foundation for a lifelong sense of wonder, purpose and respect for the diverse world children are growing into.